



**Hard Core
Runners Club**
www.hcrunners.org

**PRESENTS
33rd Annual
Clear Lake Memorial Runs**

**SUNDAY
June 12, 2011
9 a.m. Start
5 Mile Run/Walk
&
Round Mountain
Half Marathon**

Sponsored by:
MSI CONSTRUCTION INC
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**Dedicated to the memory of
THE BILL CAHOON FAMILY
HAROLD & JEAN WOOD
DICK GOODMAN
GENE HESS
CLIVE GREEN
DAVE FOWLER**

**All were avid runners while they lived.
They served as an inspiration for
many of us and they will not be
forgotten.**

Location: On the Tieton Road 45 miles west of Yakima off Highway 12 (Clear Lake Turnoff).

Check in/Race Start: YMCA Camp Dudley Tieton Road Junction.

Date: Sunday, June 12, 2011

Registration: 7:30 a.m. ~ 8:30 a.m.

Start Time: 9 a.m.

Course: 5 mile run/walk "Around the Lake" on mostly blacktop road with 1.5 miles on gravel campground road. Gentle hills and beautiful mountain scenery.

Round Mountain Half-Marathon includes "Around the Lake" with detour up Round Mountain on a dirt/gravel forest road and back. Minimum age 15 years, not for the novice or young runner. Road climbs 1000 feet in 4 miles. Spectacular scenery of the Goat Rocks in the Cascade Mountain Range. Washington's toughest Half-Marathon road race.

Awards: Special awards will be presented to the overall male and female winners in both events and to the top "3" finishers in each age division, men and women: 12 & under, 13-18, 19-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Water Stations & Bathrooms: Two on the 5 mile course and six on the half marathon course. Toilet facilities available at the start and finish areas.

YMCA Camp Dudley Finish Area

A **PANCAKE BREAKFAST** will be served 9:30 a.m. to 12:30 p.m. for all spectators and participants. Cost: Adults -\$6.00 Children (8 & under) - \$4.00. Hosted by the Yakima Y's Service club. Please pay at the breakfast.

Motel/Camping Accommodations: There are several US Forest Service campgrounds in close proximity. Those desiring motel accommodations can contact Silver Beach Motel located approximately 2 miles from Clear Lake. Call (509) 672-2500 and if you mention the Clear Lake Memorial Runs, you will receive a 10% discount.

Commemorative T-Shirt: Sport Tek Dry Zone moisture management running-tee (100% polyester). Designed & printed by John Steenbergen from Bergen Screen Print.

Results: Results will be posted during and after the races and will be available on our website at www.hcrunners.org.

Event Rules: For the safety of all participants, bicycles, skateboards, baby joggers, wagons, roller/in-line skates, animals & radio headphones will be prohibited on the course during the events.

**Race Contact: Brian K. Paul (509) 728-5830
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