

FROSTY FOUR-MILER

February 2, 2019 Terrace Heights Elementary School

Entry form must be completely filled out or it will not be processed. Please PRINT and double check for accuracy.
Payment must accompany application. Check or money orders only.

Last Name: _____ First Name: _____ M.I. _____

Mailing Address: _____ City: _____

State: _____ Zip Code: _____ Phone _____

E-mail Address: _____

Age on Race Day: _____ Birth Date: _____ M F

Shirt Sizes: XS S M L XL XXL
34-36 38-40 42-44 46-48 50-52

EVENT FEES

Pre-Registration

Registration form and entry fee
postmarked by Jan 25, 2019

HCR Members with Tech shirt	\$30.00	<input type="checkbox"/>
HCR Members without shirt	\$15.00	<input type="checkbox"/>
Nonmember with Tech Shirt	\$35.00	<input type="checkbox"/>
Nonmembers without shirt	\$20.00	<input type="checkbox"/>
Children 12 & under w/ registered adult	\$10.00	<input type="checkbox"/>
Extra shirt	\$15.00	<input type="checkbox"/>

* Shirts ordered after Jan 25th will be
available for pick up after Feb. 15th.

LATE REGISTRATION ADD \$5.00
(Postmarked after Jan. 25, 2019)

TOTAL ENCLOSED \$ _____

RACE DAY REGISTRATION \$25.00
(No Shirt)

Pick-up and day of race registration
between 10:00 a.m. and 11:15 a.m.

Make Checks payable to Hard Core Runners Club.
Mail entry forms and fees to:
Gregg Broyles
5112 Richey Road • Yakima, WA 98908

RELEASE

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The Hard Core Runners Club, it's officers and agents, the City and County of Yakima, all sponsors, their representatives and successors, including the Road Runners Club of America, it's officers, directors, agents and employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline.

Participant's Signature _____ Date _____

Parent or guardian if participant is under 18 _____ Date _____

YES, SIGN ME UP... For the Hard Core Runners Club New Member Member Renewal

First Name: _____ Last Name: _____ Birth Date: _____

Spouse: _____ Birth Date: _____

Address: _____ City: _____ State: _____ ZIP Code: _____

Phone: _____ E-mail Address: _____

Include \$15.00 with this registration form. Mail to: Gregg Broyles
Hard Core Runners Club
5112 Richey Road Yakima, WA 98908